



Recommended Reading List

*New Titles for
2007*



Active Minds Active Bodies Booklist



Recommended Reading List 2007

Genre

Cost

A Hero Named Howe



Fiction/Hockey

\$21.95

Author: Mike Leonetti

Target Group: Boys & Girls 5-9

An avid fan of the Detroit Red Wings; particularly their great star forward Gordie Howe; Charlie plays in his neighbourhood league but worries that he may not have what it takes. After reading a book by Howe, Charlie starts thinking there may be other ways to be involved in hockey. A chance meeting with broadcaster Foster Hewitt convinces him to try his hand at play-by-play announcing. Has he discovered his niche? Brilliantly illustrated by Greg Banning, and featuring league stars like Howe and Hewitt, this lively, inspiring book speaks eloquently of one boy's determination to find a place in the sport he loves. 32 p.

Raincoast Books, 2006. ISBN: 1551929317

Amazing Athletes Series : Dwayne Wade

Non-fiction/Basketball

\$8.95

Author: Jeff Savage

Target Group: Boys & Girls 5-9

Dwayne Wade steps up under pressure. The Miami Heat guard dazzles fans with his acrobatic moves and fearlessly takes the ball to the basket. And when the game is on the line, he can hit the big jump shot. It has taken Dwayne just a few seasons to become one of the NBA's best. But this talented superstar hasn't let all of his success go to his head. He continues to work hard, treat people with respect, and help out in his community. Learn more about this amazing athlete's life and career. 31 p.

Lerner Publications, 2007. ISBN: 9780822560135

Amazing Athletes Series : Shaun White

Non-fiction/Snowboarding

\$8.95

Author: Matt Doeden

Target Group: Boys & Girls 5-9

When Snowboarder Shaun White did a rarely seen move in his first qualifying half pipe run at the 2006 Winter Olympic Games in Torino, Italy, he fell. But the nearly perfect athlete nailed his second run, then crushed the competition in the finals to win Olympic gold. Stateside, Shaun is also a world-class skateboarder and a rising celebrity. As the first person to compete in both the Summer and Winter X-Games, Shaun has the talent to stay in the spotlight for years to come. Learn more about his high-flying skills and unique personality. 32 p.

Lerner Publications, 2007. ISBN: 9780822568407

Amazing Athletes Series : Steve Nash



Non-fiction/Basketball

\$8.95

Author: Jeff Savage

Target Group: Boys & Girls 5-9

As a top NBA point guard for the Phoenix Suns, Steve Nash keeps opponents on their toes with lightning-fast moves and clever passes. But Steve's NBA career almost didn't take off, as he went unnoticed in high school. When he finally made a splash at a small college, Steve showed the NBA – and the world – that he could be a star. Learn more about this amazing athlete's life and great career. 32 p.

Lerner Publications, 2007. ISBN: 9780822560142





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Amazing Athletes Series : Danica Patrick ♀ Non-fiction/Race Car Driving \$8.95

Author: Jeff Savage

Target Group: Boys & Girls 5-9

In 2005, Danica Patrick became the first woman ever to hold the lead in the Indianapolis 500, the most famous race in the United States. Since then, Danica's skill, toughness, and charm have made her a fan favourite in the sport of Indy car racing. Learn more about this gutsy driver who competes in one of the toughest leagues in the world. 32 p.

Lerner Publications, 2007. ISBN: 0822559544

Ballerino Nate Fiction/Ballet \$16.99

Author: Kimberly Brubaker Bradley

Target Group: Boys & Girls 2-6

After seeing a ballet performance, Nate decides he wants to learn ballet but he has doubts when his brother Ben tells him that only girls can be ballerinas.

Dial Books for Young Readers, 2006. ISBN: 0803729545

Basic for Beginners Series : Baseball 🍁 Non-fiction/Baseball \$3.95

Author: Laurie Wark

Target Group: Boys & Girls 4-8

Young players and fans learn the basics of their favorite team sports in this informative picture book. A fun mix of fact and fiction! 24 p.

Kids Can Press, 1994. ISBN: 1550741861

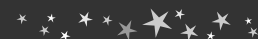
Basketball (or Something Like It) Fiction/Basketball \$5.99

Author: Nora Raleigh Baskin

Target Group: Boys & Girls 8-12

Ever since his sudden move from the city to the suburbs, the one place Jeremy feels at home is on the basketball court. But North Bridge is not like any place Jeremy has ever played before. Back home, there would be twenty or thirty kids and maybe three or four balls. He'd wait for a ball, pick a spot, and shoot. Here the kids didn't have to wait at all. Balls were flying everywhere. Jeremy even saw two jerks get hit in the head because there were so many balls. And the parents, they were always there, and there were so many of them—at the clinics ... at the tryouts ... everywhere. Who's playing anyway? Maybe if Jeremy wasn't displaced and living with his grandmother, he'd feel as though he fit in. Jeremy figures the only way out is to take the car and leave. Just walk away from his teammates, Hank and Nathan, and Anabel. It's just a game, after all, isn't it? 166 p.

Harper Collins, 2005. ISBN: 0060596104





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Popular Mechanics for Kids Series :

The Best Book of Bikes

Non-fiction/Bicycling

\$12.95

Author: Amy Pinchuk

Target Group: Boys & Girls 9-12

A Popular Mechanics(tm) for Kids book that takes a comprehensive look at bicycles -- their history, evolution, profiles of cycling greats, mechanics of bicycles and maintenance instructions, puzzles, stories and more. 64 p.

Maple Tree Press, 2003. ISBN: 1894379446 (pbk.)

Popular Mechanics for Kids Series :

Blades, Boards and Scooters

Non-fiction/Skateboarding

\$12.95

Author: Steve Attoe and Allan Moon

Target Group: Boys & Girls 9-12

This high-energy book takes a thorough look at the dynamic science behind skateboards, snowboards, scooters, and inline skates. Keltie Thomas, author of the How Sports Work series, gives active young minds a complete rundown of four of today's most popular extreme sports. She uses lively language and illustrations to demystify the science behind these sports. Readers discover how the pros appear to defy gravity in radical aerial stunts, how to maintain their equipment, how to have fun safely, and more. With color photos throughout, the book also includes stories about the history, invention, and culture of these sports, plus a glossary of technical terms. 64 p.

Maple Tree Press, 2003. ISBN: 1894379462 (pbk.)

Brady Brady and the Runaway Goalie

Fiction/Hockey \$6.99

Author: Mary Shaw

Target Group: Boys and Girls 4-8.

When the Icehogs' goalie goes missing before the big game, Brady Brady saves the day!

Stoddart Kids, 2001. ISBN: 0773763356

Doing the Animal Bop

Fiction/Dance

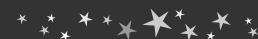
\$8.99

Author: Jan Omerod

Target Group: Boys and Girls 2-5

This funny picture book and compact disc is for kids who love to dance—and if there are any boys and girls out there who don't like to dance, this book will change their minds. They can jump and jiggle, jive and wriggle. Doing the Animal Bop is certain to make them laugh and giggle. Big, extra bright illustrations on every page come with a humorous, rhyming text, and the CD provides the dance music. 32 p.

Barrons Educational Series, 2005. ISBN: 9780764178993





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Cork and Fuzz : Good Sports

Fiction/Friendship

\$13.99

Author: Dori Chaconas

Target Group: Boys and Girls 4-8

Short-legged Cork is upset when tall Fuzz wins every game they play, until he learns that their friendship is more important than winning. 32 p

Viking, 2007. ISBN: 067006145X

Sports in Action : Fishing in Action

Non-fiction/Fishing

\$6.95

Author: Hadley Dyer

Target Group: Boys and Girls 8-11

What is fishing?— Fishing hole — Essentials — Rods and reels — Getting hooked — Great bait — Cast away — Using the bait — Reeling it in — Fly fishing — Ice fishing — Fishing derbies — Fair fishing — Staying safe — Glossary and index. 32 p.

Crabtree, 2006. ISBN: 0778703630

Froggy Plays T-Ball

Fiction/T-Ball

\$15.99

Author: Jonathan London

Target Group: Boys and Girls 2-8

An ideal introduction to a favorite sport, this storybook featuring Froggy's first day on his T-ball team reminds kids that it's not winning or losing that is important--it's how they play the game. 30 p.

Viking, 2007. ISBN: 9780670061877

Get Up and Go

Fiction/Exercise

\$15.99

Author: Nancy Carlson

Target Group: Boys and Girls 2-6

Text and illustrations encourage readers, regardless of shape or size, to turn off the television and play games, walk, dance, and engage in sports and other forms of exercise. 30 p.

Puffin, 2008. ISBN: 0142410640

Head, Shoulders, Knees, and Toes :

And Other Action Rhymes

Fiction/Fingerplays

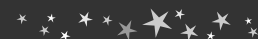
\$15.99

Author: Zita Newcome

Target Group: Boys and Girls 2-6

A collection of approximately fifty nursery and counting rhymes, most accompanied by fingerplays or other activities. 60 p.

Candlewick Press, 2002. ISBN: 0763618993





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How Baseball Works



Non-fiction/Baseball

\$9.95

Author: Thomas Keltie
Target Group: Boys and Girls 8-12

This book has all kinds of baseball information: how the game is played, historical vignettes, sidebars, tips, and legendary stories. 64 p.

Maple Tree Press, 2004. ISBN: 1894379616

How Hockey Works



Non-fiction/Hockey

\$9.95

Author: Thomas Keltie
Target Group: Boys and Girls 8-12

Legendary tales, facts, tips and scientific information cover hockey from every exciting angle. 64 p.

Maple Tree, 2002. ISBN: 1894379365

How Soccer Works



Non-fiction/Soccer

\$12.95

Author: Thomas Keltie
Target Group: Boys and Girls 8-12

How Soccer Works presents a look at the science behind the sport. The book covers everything from the "personality" of a soccer ball and training techniques to "suing up for success" and what drives those explosive moves that make the game so exciting. Player profiles, with illustrations and photos, introduce the sport's superstars, while a "Rules and Regs" section and glossary provide all the info necessary to understand what's happening on the field. 64 p.

Maple Tree, 2007. ISBN: 9781897349014

Hunter and Stripe and the Soccer Showdown

Fiction/Soccer

\$15.99

Author: Laura Elliott
Target Group: Boys and Girls 4-7

When Hunter and Stripe, two raccoons who are best friends, play on opposing soccer teams, they must figure out a way to keep the competition on the field from spoiling their friendship. 32 p.

Tegen Books, 2005. ISBN: 9780060527594

I Love My Papi! ♀

Fiction/Fathers and Daughters

\$3.99

Author: Alison Inches
Target Group: Boys and Girls 4-7

Dora and her Papi play baseball, go to the beach, read books, and do lots of other fun things together. Based on the TV series Dora the Explorer as seen on Nick Jr. 24 p.

Simon Spotlight/Nick Jr., 2004. ISBN: 0689864957



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Imagine You're a Ballerina!



Non-fiction/Ballet

\$8.95

Author: Meg Clibbon

Target Group: Girls 4-7

The life of a ballerina is not just about looking lovely and dancing divinely. There are exercises to do, tutus to fluff... and lots and lots of practice. Leap into IMAGINEYOU'RE A BALLERINA! to find out what happens backstage. 32 p.

Annick Press, 2006. ISBN: 1554510198

Judo in Action

Non-fiction/Judo

\$6.95

Author: John Crossingham

Target Group: Boys and Girls 8-11

This lively series of books about different sporting activities gives children basic information and instruction that will inspire them to get active. The writing is precise, yet interesting, and the illustrations, both photographs and drawings, are accompanied by clear labeling and explanations. A basic introduction to judo. 32 p.

Crabtree Pub., 2006. ISBN: 0778703622

Karate in Action

Non-fiction/Karate

\$6.95

Author: Kelley MacAulay & Bobbie Kalman

Target Group: Boys and Girls 8-11

A basic introduction to karate. 32 p.

Crabtree, 2006. ISBN: 0778703614

Let's Play Soccer

Fiction/Soccer

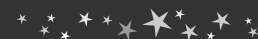
\$10.99

Author: Giovanni Caviezel

Target Group: Boys and Girls 3 +

The delightful color illustrations in this book complement an easy-to-read text that describes the game of soccer for younger children who want to learn. The game's rules are explained in language children can readily understand, and tips are given on correct dress and proper shoes to wear when playing. Kids are advised on warm-up exercises, and then on techniques for ball control during a game. They are made aware that soccer—known outside America as football—is a team sport that encourages cooperation among the children who play. Each of this book's extra-heavy board pages has its own shape, and when closed, the book presents a layered, three-dimensional effect that will appeal to early-grades children. 12 p.

Barron's Educational Series, 2006. ISBN: 0764160095





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My Daddy is a Pretzel : Yoga for Parents and Kids

Fiction/Yoga

\$16.99

Author: Baron Baptiste

Target Group: Boys and Girls 4-8

While other children's parents are veterinarians, gardeners, and builders, one father is able to become a dog, a tree, and a bridge using various yoga poses. 48 p.

Barefoot Books, 2004. ISBN: 1841481513

My First Ballet Book

Non-fiction/Ballet

\$13.95

Author: Kate Castle

Target Group: Boys and Girls 4-8

What is ballet? -- Ready to dance -- What to wear -- Ballet school -- Warming up -- Arms and feet -- At the barre -- Aiming higher -- Into the centre -- Spread your wings -- Spinning around -- Dancing together -- On your toes -- Time to dance -- Let's make a ballet -- From studio to stage -- Ready to perform -- Famous ballets -- Behind the scenes -- At the ballet. 48 p.

Kingfisher, 2006. ISBN: 0753460262

Soccer



Non-fiction/Soccer

\$4.50

Author: Laurie Wark

Target Group: Boys and Girls 4-8

"Soccer" provides a basic description of how the game is played. It also provides information on drills and describes the techniques of kicking and play. 24 p.

Kids Can Press, 1994. ISBN: 1550741888

The Spectacular Sidney Crosby



Biography/Hockey

\$15.95

Author: Andrew Podnieks

Target Group: Boys and Girls 9-12

When Sidney Crosby was fourteen years old, NHL scouts were raving about his potential. When he was fifteen, Wayne Gretzky said, "He's the best player I've seen since Mario (Lemieux). He's dynamite!" At sixteen, he became the youngest player in World Junior Championship tournament history to score a goal. At seventeen, he won gold with Canada at the World Juniors, a victory that became the stuff of legend after his white sweater from that tournament went missing on his return home. Teary-eyed, he asked for its safe return, and just a few days later his wish came true. Crosby returned to Rimouski, his junior team in the Quebec league, and went on to win his second straight scoring championship. Then he turns eighteen and heads for a pro hockey career that fans are hoping might reach the level of the Great One, Wayne Gretzky. This is his story so far. 80 p.

Fenn Pub., 2005. ISBN: 1551683040





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This Little Piggy : Lap Songs, Finger Plays, Clapping Games, and Pantomime Rhymes

Fiction/Movement

\$19.99

Author: Jane Yolen

Target Group: Boys and Girls 1-4

A collection of singing games and nursery rhymes involving various parts of the body, to be used with very young children. 80 p.

Candlewick Press, 2005. ISBN: 0763613487

The Wicked Slapshot



Fiction/Hockey

\$5.99

Author: Irene Punt

Target Group: Boys and Girls 7-9

Tom isn't so sure he wants to go to hockey camp without his friends—even though he loves hockey more than anything. But the coach is great, the drills are fun, and before long, he's made a new friend. When Harty has trouble with his shots, Tom offers some advice. Will it make a difference? 80 p.

Scholastic Canada, 2006. ISBN 0439948975

Yoga in Action

Non-fiction/Yoga

\$6.95

Author: Kelley MacAulay & Bobbie Kalman

Target Group: Boys and Girls 8-11

Children, male and female of different ages and races, demonstrate through photographs the stages of a pose in Yoga in Action. Beside each photograph is a clear description in words: Inhale as you raise your arms to shoulder level in front of you. Wrap your right arm underneath your left arm. Exhale as you continue to twist your arms around each other, until your palms are touching. Your hands should be in front of your nose. 32 p.

Crabtree, 2006. ISBN 0778703649

