

It's All About Fresh Food

The Halton Fresh Food Box is a non-profit fresh produce buying service operated by and for our community.

Here's how:

Once a month you order and pay for a box of top quality fruits and vegetables from your local site coordinator.

Eleven days later it is delivered right to your neighbourhood.

The Halton Fresh Food Box saves you time and money as we buy directly from farmers and wholesalers.

It's easy and different. Combining the advantages of quantity buying and convenience.

For more information or to find out where the nearest drop-site is call 905-634-8645.



Interested?

For more information about the Halton Fresh Food Box call us at 905-634-8645 or email us at foodbox@stchristopherburlington.com

Community Partners

St. Christopher's Anglican Church
Halton Multicultural Council
Halton Anti-Poverty Coalition
Coalition for Social Justice
Halton Region

Funded primarily by:




Fresh To You

Fruits and vegetables are chosen "in season" when they are delicious, crisp and fresh...at the peak of their nutritional value.

Fresh Packed


Fruits and vegetables are sorted and packed in convenient boxes and delivered right to your neighbourhood.


How Does It Work?

 At the beginning of each month, place your order and pay for the box.

 Pick up the Box at your neighbour site once a month on:

- the 3rd Tuesday if you live in Burlington, Oakville or Milton
- the 4th Tuesday if you live in Halton Hills (Georgetown and Acton).

 Unpacking the box is fun – like a trip to the market or garden in your own kitchen.

 Each Box includes a newsletter with recipes, storage tips, and information about the produce.

How much does it cost?

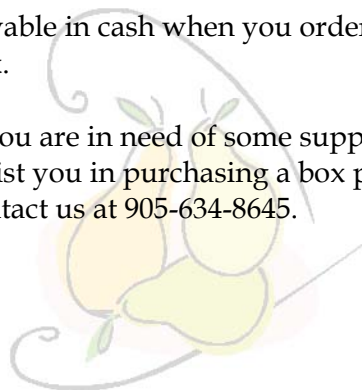
The cost of each Box is:

\$17.00 – regular box

\$13.00 – smaller box

Payable in cash when you order your box.

If you are in need of some support to assist you in purchasing a box please contact us at 905-634-8645.





What's in a Box?


The produce in the Box changes from month to month, season to season.

An example of a box is:

Lettuce onions bananas potatoes
spinach carrots oranges apples
squash broccoli cucumber tomatoes


 The difference between a small box and a regular box is in quantity not variety. The small box is best for singles and seniors.


 The regular box is best for four or more people.


 Everyone is welcome to participate! The more orders we have, the greater the buying power, the better the variety.




Why Participate?


 An easy way to get high quality, healthy foods for a good price.

 It's a fun and interesting way to eat nutritiously.

 Pick up some easy, fast and healthy recipe ideas.

 Build connections with your neighbourhood and community.

 Buy more farm fresh local produce.

 Eat more fruits and vegetables.



Want help setting up a Fresh Food Box drop site in your neighbourhood call **our** office at 905-634-8645.